

# Discipleship Assessment Tool

Walking with Jesus (*discipleship*) is not a destination... it is a lifelong journey. The purpose of this tool is to help you assess areas of strength and areas of improvement in that journey. It can be used every so often as a way of taking the pulse of our discipleship pace.

As Lazarus Church, we talk about six specific *rhythms of discipleship* that correlate with increasing maturity as a disciple. These rhythms are the ongoing steps in our discipleship journey that strengthen our relationship with Christ and help us to become more like Him.

In his book *No Silver Bullets*, author Daniel Im suggests that there are three highly influential "input goals" that dramatically impact the "output goal" of growing in relationship with God: Reading the Bible (on your own time), Attending worship, Joining a small group. As you complete the assessment, you can evaluate which of these "big three" areas you'd like to focus on in the near future.

## Definitions:

1. **Rest** - Creating intentional margin in life to reflect on God's goodness. God created an entire day devoted to rest (Genesis 2:3) because rest is that important.
2. **Read** - Reading the Bible with regularity. Quantity matter less than regularity. For the purpose of the assessment, think of 1 as *never*, 5 as *once a month*, 10 as *every day*.
3. **Worship** - Joining with other disciples to receive God's gifts and respond in prayer and praise. For the assessment, think of 1 as *never*, 5 as *once a month*, and 10 as *every available opportunity*.
4. **Study** - Reading God's word *and* digging deeper (solo and/or with others). God says that we should grow in our understanding of of His Word "so that [we] may be complete, equipped for every good work" (2 Tim. 3:16-17).
5. **Celebrate** - Living out the joy we have in Jesus. Celebration is simply enjoying the gift of relationships. Building relationships with others matters because God created us for relationships. This could including attending a small group (such as a *Local* or *Next Steps* mini-course), getting together with friends from church or neighborhood.
6. **Serve** - Sharing God's love by setting aside our own wants or needs for the sake of others (people in our church and in our community). "[Jesus said,] Whatever you did for one of the least of these brothers and sisters of mine, you did for me" (Matthew 25:40).
7. **Prayerfully repeat** - The prior six rhythms are prayerfully repeated day after day and year after year. Prayer is woven throughout each one.

*Refer back to these definitions as you complete the assessment on the next page.*

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## Instructions:

- Imagine that the circle below is a walking path.
- Take the center as 1 and the perimeter of the wheel as 10. Draw a line to indicate your **level of satisfaction** in each rhythm. (Notice I didn't say perfection!)
- When complete, take a look at your path. Is it fairly straight or somewhat of a bumpy and winding trail? Which rhythms needs the most attention to make for a smooth walk?

